



Club rules

1. Introduction

Tubantia Borgerhout aims to be a club where players, coaches, parents, volunteers and supporters feel welcome and can enjoy playing football. In addition to sporting development, the club attaches great importance to respect, commitment and responsible behaviour, both on and off the field.

The club actively promotes awareness of norms and values within football. Tubantia Borgerhout must be and remain a meeting place where players can enjoy the game together with satisfaction and mutual respect. This requires clear agreements.

For this reason, Tubantia Borgerhout has drawn up these internal regulations. The board actively supports and enforces these rules. Coaches, team staff and parents have an important responsibility and serve as role models in upholding and safeguarding these agreements.

Failure to comply with these internal regulations may result in appropriate sanctions.

2. General rules

Article 2.1

Every player, coach and parent must take note of these club rules. As confirmation, players, coaches and parents sign a separate document stating that they have read and accepted the rules.

The club rules are available on the Tubantia Borgerhout website and may be changed at any time by the board. Any updates will be communicated via the website.

Article 2.2

To reduce the risk of theft, the club asks players not to bring valuable items to training sessions or matches. Tubantia Borgerhout cannot be held responsible for loss, damage or theft.

Article 2.3

The theft of club equipment or personal belongings of a teammate will result in immediate expulsion from the club and may lead to legal action.



Article 2.4

If a player or member intentionally causes damage to the club's facilities, infrastructure or equipment, he or she will be held responsible and will have to cover the resulting costs.

Article 2.5

Playing in the changing rooms is not allowed. Players should not remain in the changing rooms longer than necessary before or after training sessions and matches.

Article 2.6

The buildings and grounds of Tubantia Borgerhout are completely smoke-free.

Article 2.7

These club rules apply to all club activities, both on and off the field, during home and away matches, at club events, and in any online communication carried out in the name of the club.

3. Attitude and Behaviour of Players

Article 3.1

Every player is expected to behave in a correct, polite and respectful manner towards coaches, team officials, board members, referees, teammates, opponents and spectators.

Article 3.2

Upon arrival and departure, players greet their coach and/or team official.

Article 3.3

Players must change in the changing rooms. On match days, the player joins the team in the changing room before and after the game, as well as during half-time. Showering at the club after training sessions and matches is strongly recommended for reasons of hygiene, team spirit and mutual respect.

Article 3.4

Players help tidy up the training equipment after training sessions.

Article 3.5

Players show respect towards opponents, referees and spectators and always accept the referee's decisions, even when they disagree.

Article 3.6

Unsporting or inappropriate behaviour during a match may result in immediate substitution.

Article 3.7

After every match, each player shakes hands with the referee and the opponents, regardless of the course or result of the game. Even in case of disappointment or frustration, respectful behaviour remains mandatory.



Article 3.8

Bullying and discrimination are absolutely not tolerated. After a first clear warning, any repetition of such behaviour may lead to sanctions, including expulsion from the club.

Article 3.9

Tubantia Borgerhout applies a strict zero-tolerance policy regarding the use or possession of drugs. Any violation may result in immediate expulsion.

4. Cleanliness and Facilities

Article 4.1

Everyone is responsible for keeping the facilities and grounds clean.

Article 4.2

Football boots must be cleaned outside before entering the changing rooms. Rinsing boots under the showers is not allowed.

Article 4.3

Waste must be disposed of in the bins. Anyone who leaves litter is responsible for cleaning it up. The use of reusable water bottles is strongly encouraged.

Article 4.4

Football boots are not allowed in the canteen.

Article 4.5

During away matches, players and team staff leave the changing rooms clean and tidy out of respect for the host club.

5. Club Clothing

Article 5.1

The membership fee includes a match kit. This kit remains the property of the club, with the exception of the socks, and must be returned when membership ends.

Article 5.2

The purchase and wearing of the official tracksuit are mandatory on match days.

Article 5.3

Shin guards and football boots are mandatory and must be purchased by the player.

Article 5.4

Jewellery such as necklaces, watches and earrings is not allowed during training sessions and matches.



6. Membership and Fees

Article 6.1

The board determines the membership fee each year.

Article 6.2

The membership fee must be paid in full no later than 15 September. Any request to pay in instalments must be made before this date and agreed upon in advance with the club.

Article 6.3

In case of registration in March or April to secure a place for the following season, a deposit of €100 is required. This deposit is non-refundable in case of cancellation after 30 April, as the club determines team composition, planning and budgeting based on this commitment.

Article 6.4

Families with more than one child at the club receive a €50 discount for each additional child.

Article 6.5

All members of Tubantia Borgerhout enjoy free entry to all home matches (senior and youth teams).

Article 6.6

No refund of the membership fee will be made after the start of the season, as the club immediately incurs costs upon registration, including administration, insurance, registration with Voetbal Vlaanderen and the ordering of club clothing.

Article 6.7

Resignation must be submitted through an official release request via Voetbal Vlaanderen and is only possible between 1 and 30 April. Outside this period, only a transfer request can be made. Such a request will only be approved in exceptional circumstances or if the club no longer has a team in the relevant age category.

Article 6.8

New youth players who wish to get to know the club first may take part in training sessions for a maximum of two weeks without obligation. During this period, they are not yet insured through the club.

7. Insurance

Article 7.1

To be eligible for coverage under Voetbal Vlaanderen's insurance, the claim form completed by the doctor, together with a health insurance sticker, must be submitted to the authorised correspondent as soon as possible after the accident. Voetbal Vlaanderen must receive the claim within 21 days of the accident.



Article 7.2

Any follow-up treatment must be clearly indicated on the claim form. Only treatments that are correctly and fully stated can later be reimbursed by the insurance.

Article 7.3

A medical clearance certificate is required before resuming training sessions and matches.

8. Sporting Guidelines

Article 8.1

For training sessions, every player is expected to be present at least 15 minutes before the start.

Article 8.2

For matches, players are expected to arrive on time at the previously communicated meeting time.

Article 8.3

Football is a team sport. Players are expected to attend training sessions (at least 60%) and matches as much as possible. Any absence must be communicated to the coach in good time.

Article 8.4

From the age of 12, every player must carry their identity card at matches and tournaments. Players without an identity card will not be selected to play. Fielding a player without an identity card results in a fine for the club. In addition, the team will forfeit the match.

Article 8.5

In the youth categories, Tubantia Borgerhout commits to giving players at least 50% playing time.

Article 8.6

Tubantia Borgerhout is a development-focused club where growth comes before results.

Article 8.7

Any player who wishes to take part in a training session or match for another club must always obtain prior approval from their coach and the (youth) coordinator.

9. Attitude and Behaviour of Players

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After every match, each player shakes hands with the referee and the opponents, regardless of the course or result of the game. Even in moments of disappointment or frustration, respectful behaviour remains mandatory.

Article 9.8

Bullying and discrimination are absolutely not tolerated. After a first clear warning, any repetition of such behaviour may lead to sanctions, including expulsion from the club.

Article 9.9

Tubantia Borgerhout applies a strict zero-tolerance policy regarding the use or possession of illegal drugs. Any violation may result in immediate expulsion.

10. Coaching Staff (Coaches and Team Officials)

General Expectations

Article 10.1

Every adult coach, team staff member or volunteer working directly with minors within Tubantia Borgerhout is required, upon appointment and annually thereafter, to provide an extract from the criminal record Model 2 (article 596.2 – minors model). This document is mandatory for activities involving contact with children and young people, such as coaching and supervising minors.

In addition, each person concerned must sign the club's code of conduct upon appointment. Both conditions are required in order to be active within the club.



Article 10.2

Coaches and team officials are expected to be present on time at training sessions, home matches and away matches, and to carry out their duties properly and responsibly.

Article 10.3

Coaches and team officials behave in a sporting and respectful manner towards opponents, referees, players, parents and supporters. They set the right example, both on and off the field. Coaching is always carried out in a positive and motivating way.

Article 10.4

At the end of every match, coaches and team officials, together with their players, shake hands with the opponents and the referee, regardless of the course or result of the game.

Article 10.5

Coaches and team officials address supporters and parents when comments or behaviour do not align with the values of fair play, respect and sportsmanship upheld by Tubantia Borgerhout.

Duties of Team Officials during Home Matches

Article 10.6

During home matches, team officials ensure that the match runs smoothly and correctly. They check the colours of the visiting team in advance and provide spare shirts if necessary.

Article 10.7

The team official welcomes the referee, shows them to the appropriate changing room and ensures a proper reception, including offering a drink and settling the match expenses before the game in accordance with the club's current arrangements.

Article 10.8

During half-time, a drink is provided for the referee if requested. If necessary, the team official also manages the key to the referee's changing room.

Article 10.9

After the match, the referee is thanked and invited to the clubhouse. During youth matches, a parent accompanying a young referee is also warmly welcomed.

Article 10.10

The team official welcomes the opposing team and shows them to the appropriate changing room. If, in youth teams, a girl wishes to shower separately, a free changing room or the referee's changing room will be made available.



Article 10.11

The match sheet is completed carefully. From the U15 category onwards, the identity cards of players, coaches and team officials are checked and handed over to the referee.

Article 10.12

The team official provides a match ball, wears a white armband during the game and ensures that the dugouts and corner flags are left tidy after the match.

Article 10.13

After the match, the team official reviews the match sheet together with the referee, collects the identity cards and properly finalises the match sheet for youth teams up to and including the U13 category.

Article 10.14

The team official ensures that both their own team's and the opponents' changing rooms are left clean and tidy, and that the bag with the dirty match kit is brought in for washing.

Duties of Team Officials during Away Matches

Article 10.15

During away matches, the team official ensures that the correct address of the host club is known and that everyone is present at the agreed departure time.

Article 10.16

From the U15 category onwards, the team official checks that all players have their identity card with them and that the correct playing kit has been brought along.

Article 10.17

The team official completes the match sheet correctly, hands the identity cards to the referee and wears a tricolour armband during the match.

Article 10.18

After the match, the team official checks the match sheet and ensures that all players can return home safely.

Specific Responsibilities of Coaches

Article 10.19

Coaches are always present on time at training sessions and matches and make clear arrangements with players and parents regarding absences.

Article 10.20

Coaches ensure proper preparation of training sessions and matches, including warm-up and supervision, and are responsible for the training equipment used.

**Article 10.21**

Coaches have a clear role-model function both on and off the field and address players or parents when behaviour does not align with fair play and the club's values. If necessary, they contact the (youth) coordinator.

Article 10.22

After matches, coaches supervise their players, check that the changing rooms are left clean and ensure that players can return home safely if parents are not present.

Article 10.23

If a coach is unable to attend a training session or match, he or she must arrange a replacement or inform the (youth) coordinator in good time.

Article 10.24

Coaches monitor the development of their players, keep evaluations up to date and communicate regularly with parents about their child's sporting pathway.

11. Parents

Article 11.1

Parents ensure that their child is present on time at training sessions and matches and inform the coach in case of absence.

Article 11.2

Parents ensure that the membership fee is paid on time.

Article 11.3

Parents always have a role-model function and behave in a sporting and respectful manner, both towards their own team and towards the opponents and the referee.

Article 11.4

Parents do not interfere with team selection or tactics. Any questions or comments can be discussed with the coach after the match.

Article 11.5

Parents remain behind the fences and only enter the changing rooms if necessary.

Article 11.6

Parents support a healthy balance between sport and school.



12. Communication and Points of Contact

Article 12.1

Communication within the club must always be respectful. Whether it takes place verbally, by email or through social media, everyone contributes to a positive and constructive atmosphere.

Article 12.2

Questions or remarks regarding sporting matters (training sessions, team selection, planning) should first be discussed with the team's coach. If necessary, they can subsequently be clarified with the (youth) coordinator or a board member.

Article 12.3

Organisational questions (membership fees, registrations, practical information) are handled by the club secretariat or the designated board members.

Article 12.4

Complaints, comments or questions should always be raised in a reasonable and constructive manner. Public discussions along the sidelines during a match or activities are not encouraged.

Article 12.5

Any communication that harms the club's image or is offensive, discriminatory or disrespectful goes against the values of Tubantia Borgerhout and may result in measures in accordance with these club rules.

13. Integrity Contact Person (Aanspreekpersoon Integriteit – API)

Article 13.1

Tubantia Borgerhout has one (or more) Integrity Contact Person(s) (Aanspreekpersoon Integriteit – API). The API is available to provide a listening ear and appropriate guidance to players, parents, coaches, team staff, volunteers and all others involved in the club regarding questions, concerns or complaints about inappropriate or boundary-crossing behaviour.

Article 13.2

The contact details of the API are communicated via the website and at the time of registration.

Article 13.3

In cases of inappropriate or boundary-crossing behaviour (such as psychological or physical misconduct, bullying, unwanted contact or any other behaviour that does not belong within a sporting environment), the API can be contacted.

**Article 13.4**

Contact with the API takes place discreetly and with respect for the privacy of all those involved. The API handles the information confidentially and works with you to find the best way forward, in consultation with the board where necessary.

Article 13.5

A report to the API does not exclude other steps; it serves as an additional point of contact within the club, alongside coaches, youth coordinators and the board.

Article 13.6

A member (or parent) may also at any time submit a report to the Reporting Point of Voetbal Vlaanderen if preferred.

14. Sanctions

Article 14.1

In the event of non-compliance with these club rules, sanctions may be imposed by the coach and team officials, in consultation with the board.

Article 14.2

Yellow and red cards resulting from negative criticism (towards players, referees, supporters or officials) or from unsporting behaviour (retaliation, fighting, etc.) will be sanctioned. The sanction is determined by the coach in consultation with the board.

Article 14.3

Fines imposed by football authorities (such as Voetbal Vlaanderen or the KBVB) will be charged to the player or their parents.